

**FEBRUARY 7, 2026**  
**8:30 AM – 11:00 AM**

**Lakefront Park & Marina**  
1104 Lakeshore Blvd.  
Saint Cloud, FL US 34769



Benefiting  
**ORLANDO HEALTH**  
Winnie Palmer Hospital  
For Women & Babies



**THIS COURSE IS  
CERTIFIED BY THE  
USA TRACK & FIELD  
ASSOCIATION**

**#FL23056JK**

**Entry Fees**

**\$35: Adult 18+**  
**\$40: Same day**  
**\$28: Child/Youth**

Fee includes:  
▪ T-shirt  
▪ Finisher Medal

**Prizes\***

- Top 3 Male/Female ADULT (18-39)
- Top 3 Male/Female ADULT (40-64)
- Top 3 Male/Female SENIOR (65+)
- Top 3 Male/Female YOUTH (11-17)
- Top 3 Male/Female CHILD (10 and under)

\*All winners also receive a trophy and a gift card

**Runners, Walkers, Strollers and  
WALKUP REGISTRATIONS WELCOME**

**Race Registration: 7:45 AM**  
**Opening Ceremonies: 8:10 AM**  
**Race Start: 8:30 AM**

Hosted by Graham J. Cowan Foundation  
<https://GrahamJCowanFoundation.org>

Graham J. Cowan Foundation is a 501(c)(3) non-profit organization, IRS EIN# 84-4339323

**REGISTER AND LEARN MORE ABOUT THE RACE**

<https://runsignup.com/Race/FL/SaintCloud/RunfortheCherubs5k>



**LEARN MORE ABOUT THE FOUNDATION  
AND SPONSORSHIP OPPORTUNITIES**

<https://grahamjcowanfoundation.org/>

