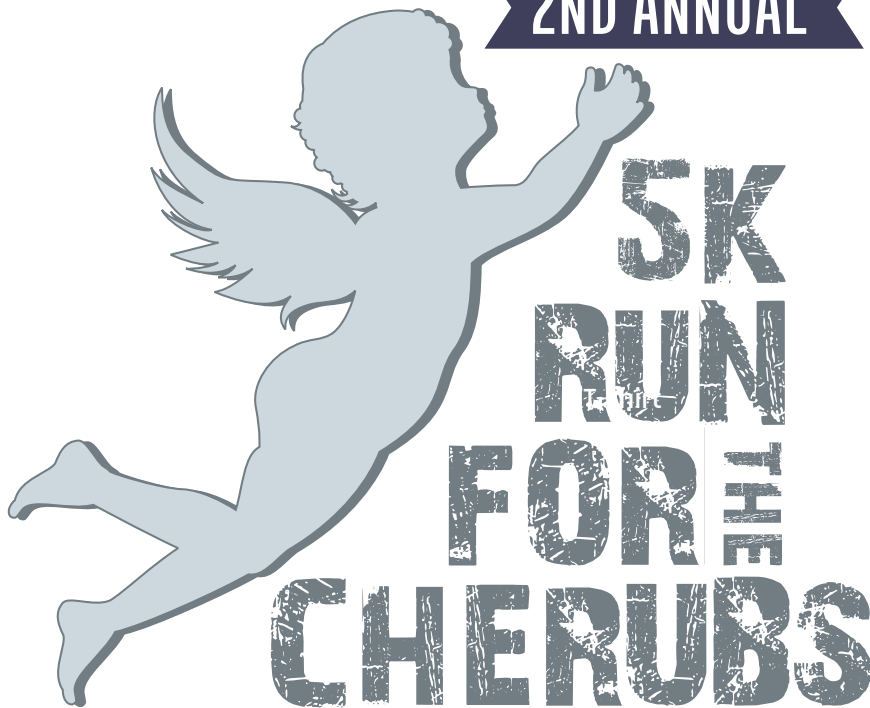


**FEBRUARY 4, 2023**  
**8:30 AM – 11:00 AM**

**Lakefront Park**  
1104 Lakeshore Blvd.  
Saint Cloud, FL US 34769



**2ND ANNUAL**



**BENEFITING**

**ORLANDO**  
**HEALTH®**

**Winnie Palmer**  
**Hospital**  
For Women & Babies

*Your race registration fee benefits  
Orlando Health Winnie Palmer Hospital  
for Women and Babies.*



Hosted by Graham J. Cowan Foundation

<https://GrahamJCowanFoundation.org>

Graham J. Cowan Foundation is a 501(c)(3) non-profit organization, IRS EIN# 84-4339323

### Entry Fees

**\$30: Adult 18 and up**  
**\$30: Virtual option**  
**\$28: Child 4-17**

Fee includes:  
▪ T-shirt  
▪ Finisher Medal

**PRIZES**

**AGES**

**16 + (male/female)**  
1st place (Amazon \$100)  
2nd place (Amazon \$50)  
3rd place (Amazon \$25)

**AGES**

**0-15 (male/female)**  
1st place (Amazon \$100)  
2nd place (Amazon \$50)  
3rd place (Amazon \$25)

Race Registration: 7:45 AM  
Opening Ceremonies: 8:10 AM  
Race Start: 8:30 AM

**Runners, Walkers, Strollers and  
WALKUP REGISTRATIONS WELCOME**

**REGISTER AND LEARN MORE ABOUT THE RACE**

<https://runsignup.com/Race/FL/SaintCloud/RunfortheCherubs5k>

**LEARN MORE ABOUT THE FOUNDATION  
AND SPONSORSHIP OPPORTUNITIES**

<https://grahamjcowanfoundation.org/>

