

**FEBRUARY 4, 2023**  
**8:30 AM – 11:00 AM**

**Lakefront Park**  
1104 Lakeshore Blvd.  
Saint Cloud, FL US 34769



### Entry Fees

**\$30: Adult 18 and up**

**\$30: Virtual option**

**\$28: Child 4-17**

\*Fee includes a T-shirt and finisher medal

\*Prizes given to top three male, female, youth

**Race Registration: 7:45 AM**

**Opening Ceremonies: 8:10 AM**

**Race Start: 8:30 AM**

BENEFITTING

**ORLANDO HEALTH**<sup>®</sup>



**WINNIE PALMER  
HOSPITAL**  
For Women & Babies

Runners, Walkers, Strollers Welcome



Hosted by Graham J. Cowan Foundation

<https://GrahamJCowanFoundation.org>

Graham J. Cowan Foundation is a 501(c)(3) non-profit organization, IRS EIN# 84-4339323

**REGISTER AND LEARN MORE ABOUT THE RACE**

<https://runsignup.com/Race/FL/SaintCloud/RunfortheCherubs5k>

**LEARN MORE ABOUT THE FOUNDATION  
AND SPONSORSHIP OPPORTUNITIES**

<https://grahamjcowanfoundation.org/>

